

RSU 54 School Lunch Menu January 2025



All kids eat free, stop by for all 5 or leave with at least 3				
Monday	Tuesday	Wednesday	Thursday	Friday
	WELCOME 2025	1	2	3
			Popcorn Chicken	Big Daddy Pizza
			Fresh Baked Biscuit	Sweet Potato Fries
			Mashed Potato & Carrots	Romaine Garden Salad
			Diced Pears	Crisp Apple
NE	VVYE	A IX	Fruit and Veggie Bar	Fruit and Veggie Bar
6	7	8	9	10
Buttermilk Pancakes	Chicken Cordon Bleu	Grilled Cheese Sandwich	Beef Walkin' Taco	Good Crust Pizza
w/ Maine Maple Syrup	Egg Noodles	Soup Choice	Tortilla Chips, Black Beans	Pepperoni or Cheese Pizza
Potato Tots	Steamed Peas	Seasoned Corn	Lettuce, Salsa, Sour Cream	Roasted Broccoli & Cauliflower
Blueberries Dipping Crisp	Sweet Diced Peaches	Applesauce	Mixed Fruit	Fresh Maine Apple
Fruit and Veggie Bar	Fruit and Veggie Bar	Fruit and Veggie Bar	Fruit and Veggie Bar	Fruit and Veggie Bar
13	14	15	16	17
Breakfast Sandwich	Taco Chicken Soup	Meatball Grinder w/WW Roll	Pasta with Meat Sauce	Bosco Sticks
Ham, Egg & Cheese	w/Corn Chips	Sun Chips	Garlic Texas Toast	Bright Green Peas
Hashbrown Oval	Sweet Corn	Roasted Broccoli	Garden Salad	Crisp Apple
Sweet Strawberry Cup	Red & Green Grapes	Diced Pears	Hot Apple Slices w/ Granola	Hot Cocoa Parfait
Fruit and Veggie Bar	Fruit and Veggie Bar	Fruit and Veggie Bar	Fruit and Veggie Bar	Fruit and Veggie Bar
No School 20	21	22	23	24
	Teriyaki Chicken Bowl	Pulled Pork on a WG Bun	Mac & Cheese	Personal Pizza or
	w/ Broccoli and Peapods	Baked Beans	Chicken Fingers	Pizza Crunchers
	WG Steamed Rice	Cool Coleslaw	Steamed Broccoli	Carrot/Celery Sticks
	Pineapple Mandarin Salad	Sweet Diced Peaches	Warm Cinnamon Apple Slices	Crisp Apple
	Fruit and Veggie Bar	Fruit and Veggie Bar	Fruit and Veggie Bar	Fruit and Veggie Bar
27	28	Early Release 29	30	31
Breakfast Pizza	Crunchy Fish Sticks	Crispy Chicken Sandwich	Chicken Broccoli Alfredo	Hot Ham & Cheese Hoagie
Potato Wedges	Emoji Fries	Veggie Sticks	Garlic Breadstick	Tomato Soup
Baked Beans	Sweet corn	Crisp Apple	Broccoli	Roasted Green Beans
Mandarin Oranges	Blueberry Shortcake	- " 111 - 5	Mixed Fruit	Diced Pears
Fruit and Veggie Bar	Fruit and Veggie Bar	Fruit and Veggie Bar	Fruit and Veggie Bar	Fruit and Veggie Bar

A Low Fat or Skim Milk Variety is Served With Every Meal - Menu is Subject to Change Without Notice - All Bread Products meet the USDA Whole Grain requirements for NSLP and HUSSC

"This institution is an equal opportunity provider."