



RSU 54 School Lunch Menu

March 2024



All kids eat free, stop by for all 5 or leave with at least 3



| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|--|---|
| 26 Cinnamon French Toast Sausage Links Sweet Potato Fries Warm Cinnamon Apple Slices Fruit and Veggie Bar | Nat'l Strawberry Day 27 Chicken Teriyaki Bowl Steamed Brown Rice Best Ever Broccoli Strawberry Cup Fruit and Veggie Bar | 28 Grilled Cheese Sandwich Tomato Soup Seasoned Corn Sweet Peaches Fruit and Veggie Bar | 29 Bacon Cheese Burger w/bun Seasoned Potato Wedges Diced Carrots Bananas Fruit and Veggie Bar | 1 Good Crust Pizza Hamburg, Cheese, Chicken Garden Salad w/ Spinach Kitchen Fruit Choice Fruit and Veggie Bar |
| National 4 Baked French Toast Sausage Links Emoji Fries Warm Cinnamon Apple Slices Fruit and Veggie Bar | School 5 Cheesy Egg & Ham Potato Bake Baked Beans Warm Buttery Biscuit Warm Blueberry Compote Fruit and Veggie Bar | 6 Breakfast Sandwich Ham, Egg & Cheese Broccoli Salad Sweet Sliced Strawberries Fruit and Veggie Bar | Breakfast 7 Sausage Pancake Stick Yogurt Cup Oven baked Oval Hashbrown Warm Applesauce Fruit and Veggie Bar | Week 8 Breakfast Pizza Egg & Bacon Cucumber & Carrot Sticks Orange Juice Fruit and Veggie Bar |
| 11 Mac & Cheese Chicken Fingers Steamed Broccoli Diced Pears Fruit and Veggie Bar | 12 Fish Fillet Sandwich Mashed Potatoes Sweet Peas Cinnamon Apple Slices Fruit and Veggie Bar | 13 Chicken Pot Pie Warm Flakey Biscuit Peas & Carrot Apple Fruit and Veggie Bar | Nat'l Potato Chip Day 14 Bosco Sticks w /dipping Sauce Baked Potato Chips Sweet Corn Pineapple & Mandarin Oranges Fruit and Veggie Bar | 15 Teacher's Workshop Day |
| Nat'l Sloppy Joe Day 18 Sloppy Joe w/ WG Roll Tator Tots Diced Carrots Cinnamon Applesauce Fruit and Veggie Bar | 19 Chicken Fajitas Mexican Rice & Beans Seasoned Corn Mixed Fruit Fruit and Veggie Bar | 20 Ravioli w/Meat Sauce Cheesy Garlic Bread Stick Garden Salad w/ Spring Mix Banana Fruit and Veggie Bar | 21 Philly Chicken Sub Baked Beans Cool Coleslaw Chilled Diced Pears Fruit and Veggie Bar | |
| 25 Whole Grain Pancakes Yogurt Cup Diced Carrots Mixed Fruit Fruit and Veggie Bar | 26 Chicken Fillet Sandwich Tossed Salad w/Spinach Warm Apple Crisp Fruit and Veggie Bar | 27 Turkey & Gravy Mashed Potatoes Carrots Strawberries w/ Biscuit Fruit and Veggie Bar | MLB Opening Day 28 Home Run Frank w/roll Field Day Chips Double Play Coleslaw Strike out Diced Pears Fruit and Veggie Bar | 29 French Bread Pizza Potato Wedges Steamed Broccoli Green Kiwi Wedges Fruit and Veggie Bar |

A Low Fat or Skim Milk Variety is Served With Every Meal - Menu is Subject to Change Without Notice - All Bread Products meet the USDA Whole Grain requirements for NSLP and HUSSC

"This institution is an equal opportunity provider."